

KAIMAHI TAIWHENUA



Our two Kaimahi Taiwhenua Tāne have been out and about, offering:

Healthy home assessments - to identify areas for improvement

Spouting Cleaning - to ensure proper water flow

Spouting Repairs - to prevent water damage to your property

Property Drainage - to prevent water accumulation

Water Filters - to provide clean drinking water

Smoke Alarms - to ensure fire safety

General Support

If our Kaimahi Taiwhenua visited your home and you weren't there, please reach out to express your interest through our referral link on our website.

We're currently offering free spouting repairs services for pakeke homes in Matakāoa, with a limited budget available due to funding constraints.

Our goal is to help everyone, as additional funding becomes available, we plan to expand this service to other homes.

We understand the challenges posed by rising cost of living and affordability, and we're committed to supporting our communities in Matakāoa.

Need support or have a general enquiry?

We've added an additional option for you to reach out to the team through our referral link.

Simply head to our website under Referrals, fill in your details and one of our kaimahi will connect you with the right person or service to support your needs, Manaaki Matakāoa is here to help!

HAUORA TINANA WHITI RANGI CHALLENGE



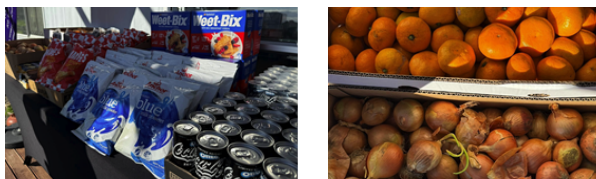
Taking your Hauora to the next level!

Over 5 weeks, 30 individuals have signed up to be a part of our latest Hauora Tinana Challenge. This time focusing on healthy kai, recipes, healthier substitutes while also maintaining their daily/weekly exercise and water levels.

This challenge has seen a huge success around engagement from all our participants, updating our group chat daily with healthy kai, water intake, exercise, and a Tip to help motivate and inspire each other.

Our Hauora Tinana Challenges are designed to help motivate whānau in to being more conscious of their overall hauora and wellbeing. These challenges involve a collaborative approach by each individual to share their own hauora journey and knowledge, which can be beneficial to others within the group. By integrating this knowledge into their day to day lives, these challenges can also help whānau, by minimising future health risks and can be used as resources that can help prevent future health concerns.

SUPERGRANS TAIRAWHITI TRUST



We are grateful for the ongoing support from Supergrans Tairawhiti Trust. With the rising cost of living, this extra support with kai has made a significant difference for whānau here in Matakāoa.

Keep an eye out on our Social Media pages for when the next kai table is available.



MANAAKI MATAKAOA

“Ko te tohu o te rangatira, he Manaaki”

He Pānui

MEI 2025

TE MĀKETE RĀ MĀMĀ



Thank you to all our whānau and māmā for coming out to support Te Māketē Rā Māmā at Hinerupe Marae this month, great to see our community coming together and supporting local businesses and celebrating all our wonderful māmā, hope you all had a lovely day with whānau and loved ones.

Big mihi going out to all our store holders for always supporting our monthly markets, ka mau te wehi!! Special mention also to 911 Coffee Co for donating a Mother's Day hamper for one lucky māmā.

IRA WAHINE HOMEMADE SAUSAGE MAKING WORKSHOP



E mihi ana ki a koutou katoa Wahine mā, thank you all for attending our second sausage making workshop here in Matakāoa at Paerata Marae this month. It was great to see our whānau coming together sharing knowledge and supporting food sovereignty here at home within our community.

"Ko te kai a te rangatira he kōrero
Ko te tohu o te rangatira he manaaki"

TE TARI PŪREKE FIREARMS SAFETY AUTHORITY NZ (FIREARMS SAFETY COURSE)



Ngā mihi tino nui ki a Andy O'Sullivan, Tamara Roscoe and Sean Huntingdon for coming up this month to provide essential training around Firearm Safety for our whānau here in Matakāoa.

This training has provided key skills to help whānau hunt more safely and has ensured not only their safety but also the safety of others when handling firearms, using the 7 rules of firearm safety.

A special mihi also to Jerram Chalmers who supported with organising this kaupapa.
Ka mau te wehi koutou

HINETEIWAIWA MĀMĀ PĒPĒ PROGRAMME



This month our Hineteiwaiwa roopu took a van load of māmā out to Te Puia Maternity Ward reopening, a huge turnout for the reopening which was awesome to see whānau coming out to tautoko this crucial service for all our whānau living here in Tairāwhiti.

This month we also had 2 new hapu māmā register onto the Hineteiwaiwa programme.

NGĀ TĀONGA O MATAKĀOA



This month Ngā Tāonga o Matakāoa continued with 4 weekly programmes planned for the month. The Pakeke continued their Te Ataarangī Classes with Kōkā Makere, and also spent a few sessions planning future trips. Including their trip to Gisborne Movie theatre to watch the movie Tinā.

Prior to the movie, our pakeke enjoyed a lovely lunch at the Cosmopolitan Club in Gisborne and also done some shopping while in town.

Pakeke Day happening every Wednesday (10:00am - 1:00pm)

TAMARIKI TAIEA REHEKO RANGATAHI



I te marama o Mei i tīmata anō te kaupapa Tūmeke Taite mō ngā tamariki o Matakāoa ki Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti.

Wiki Tuatahi ko te Tākaro Matarau (Multi Sport) - 11 tamariki
Wiki Tuarua ko te Karo Pōro (Dodgeball) - 21 tamariki
Wiki Tuatoru ko te Poitukohu (Basketball) - 17 tamariki
Wiki Tuawhā ko te Whutuporo Tīhae (Rippa Rugby) - 15 tamariki
Wiki Tuarima ko te Tākaro Matarau (Multi Sport) - 17 tamariki
Hui katoa 81 ngā tamariki i tae mai i tēnei marama.

E mihi ana ki a koutou katoa tamariki mā e whakatinana ana i te uarangata
"Toa Ki te Tākaro" Ka mau te wehi.