

## KAIMAHI TAIWHENUA



Our Taiwhenua team have been busy this month! Alongside their regular mahi - Healthy Home Assessment, spouting, drainage, smoke alarm installations, water filters, and rubbish collection, they've also been lending a hand in the community.

- Helping a pakeke by positioning her water tank where it can be connected to her home
- Assisting whānau with meat processing
- Identifying septic tank overflow issues, working with the whānau to find solutions
- Supporting during a tangihanga (hangi prep, meat processing).

They also delivered a successful Rongomātāne small motors repair workshop alongside a skilled tutor, with 7 tane and 1 tutor participating.

Our Taiwhenua men are always out and about, lending a hand and offering guidance wherever it's needed. They're there to support whānau in many ways, as we know that living rurally can be tough, especially when it comes to accessing essential services.

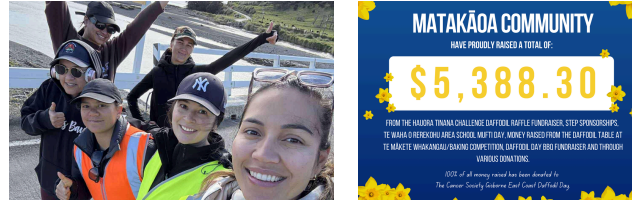
Please reach out to the team using the referral page on our website.

### KAIMAHI TAIWHENUA FIGURES 2025

SEPTEMBER 01 - SEPTEMBER 30

SPOUTING REPAIRS AND CLEAN	4	DIGGER WORK (DRIVEWAY/DRAINAGE)	2
WATER FILTERS DELIVERED	23	SMOKE ALARM INSTALLMENT	20
HEALTHY HOME ASSESSMENTS	28		

## HAUORA TINANA STEPS CHALLENGE



The efforts from our latest Hauora Tinana Steps Challenge Daffodil Day fundraiser was featured in the Gisborne Herald this month.

A huge mihi to each and every one who helped out and supported along the way. A fantastic community wide effort coming together to help whānau affected by Cancer.

Our total amount raised has slightly increased since our final tally in last month's panui.

Proudly raising a grand total of \$5,388.30 (100% going straight to the Cancer Society Gisborne East Coast).

## WETIWETI WENEREI HĀKINAKINA



This month we continued our Wetiweti Wenerei with Social Netball at Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti.

We had roughly 21 - 26 people attending each week which has been awesome to see whānau getting involved and participating.

It has been a great opportunity for whanau to come together for some competitive fun, whanaungatanga and regular korikori tinana. It's awesome to see our rangatahi actively participating too! Their enthusiasm and engagement is very uplifting to see.



# MANAAKI MATAKAOA

*“Ko te tohu o te rangatira, he Manaaki”*

## He Pānui

HEPETEMA 2025

## RURAL SUPPORT ROADSHOW



A BIG mihi to everyone who came out to the Rural Support Roadshow this month. A total of 13 agencies came to discuss and provide vital information around their services and mahi. He mihi nui ki a koutou katoa.

And a big mihi to all the whānau who came up to support and use this service to help you and your whānau, through awareness and wellbeing.

Connecting Te Tairāwhiti - Kanohi ki te kanohi

## TE MĀKETE



E mihi ana ki ngā whānau katoa i tae mai ki te tautoko i Te Māketete ki Hinerupe Marae, otirā ngā whānau i whakahaere i ngā toa hokohoko i tēnei marama, ka nui te mihi ki a koutou katoa. Ko te kaupapa o tēnei māketete, ko te rangi tuatahi o Te Wiki o Te Reo Māori.

E mihi ana hoki ki ngā kaimahi o Dental For All Aotearoa i haramai ki te kōrero tahi ki te whānau, ka mau te wehi.

“Ko te reo kia rere, ko te reo kia tika, ko te reo kia māori”

## TE WIKI O TE REO MĀORI



Tēnā tātou i Te Wiki o Te Reo Māori  
E mihi ana ki a koutou katoa i tautoko mai i ngā kaupapa o Manaaki Matakāoa mo te roanga o Te Wiki o Te Reo Māori, inā te atahua te kite me te rongoi i ngā whānau e kōrero ana i te reo māori. Hei whakakapi i ngā kaupapa mō Te Wiki o Te Reo Māori.

Ka mau te wehi!!  
Ko te reo kia tika, ko te reo kia rere, ko te reo kia māori.

## BASIC PLUS REFRESHER AND LEVEL 1 FIRST AID TRAINING

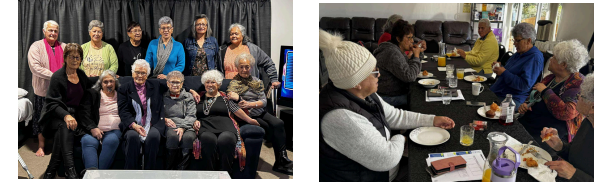


This month Tuturu Consultancy delivered essential community first aid training with 19 community members earning their tohu and gaining valuable skills to administer first aid whether it's at their mahi, in the community and/or at home with their whānau.

- 6 individuals (5 adults & 1 rangatahi) completed Basic Plus First Aid Training
- 4 individuals completed their Refresher
- 9 individuals (4 adults and 5 rangatahi) completed Level 1 First Aid Training

A huge mihi to Fran & Stan for delivering an engaging and informative training session, leaving everyone feeling more confident with skills to being able to respond during emergency situations. And thank you to all participants for upskilling and contributing to a more resilient community - especially vital in our area where emergency services may take longer to arrive.

## NGĀ TĀONGA O MATAKĀOA



This month Ngā Taonga o Matakāoa continued their weekly activities with waiata, chair yoga/stretching techniques, and kaitahi. They have also been busy planning upcoming trips such as their monthly town trips, and other overnight trips/haerenga being planned as well. This month our pakeke spent the night in Whakatane where they were able to get their appointments done, such as mirimiri, and hair appointments. They were also able to access various shops such as Kmart, bunnings, OneNZ etc while they were in town. The pakeke also enjoyed a dinner out at the Whakatane RSA.

In the coming weeks the pakeke will be busy practicing for the Pakeke Walking Netball Tournament on Saturday 1st November in Ruatoria.

## TAMARIKI TAIEA REHEKO RANGATAHI



I te marama o hepetema i whakahaere mātou e 3 ngā kaupapa Tūmeke Taite mō ngā tamariki o Matakāoa ki Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti mō wāhanga 3.

Wiki Tuatahi ko te Karo Pōro (Dodgeball) - 26 tamariki.  
Wiki Tuarua ko te Tākaro Matarau (Multi-sport) - 23 tamariki.  
Wiki Tuatoru ko te Karo Pōro (Dodgeball) - 14 tamariki.

E mihi ana ki a koutou katoa tamariki mā e whakatinana ana i te uarangata  
"Toa Ki te Tākaro" Ka mau te wehi.



## RONGOMĀTĀNE PROGRAMME



The Rongomātāne Small Motors Repair workshop this month was very insightful! The tāne got to learn alongside our tutor, how to repair and diagnose various types of small, motorised machines including 2 lawn mowers, 1 generator, 1 chainsaw, and 2 weed eaters. The tāne also got to see what petrol looks like when it's contaminated with water.

It was a super productive day, with each tāne fully engaged and gaining valuable skills and knowledge, especially in diagnosing and fixing carburetor issues – a common cause of machine problems.

## MAUI WHAKAHĪ

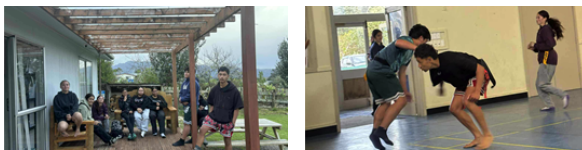


This month, our rangatahi had a blast trout fishing on lake Taupo, staying the night in Kinloch! They also passed their Level 1 First Aid training. But what really stood out was one of our rangatahi showing off their leadership skills by teaching a 9-year-old how to process a pig – Tumeke koutou!

Our whānau-centred approach is all about supporting our rangatahi to thrive - Building confidence - Strengthening identity and belonging - Developing leadership skills - Serving and supporting their community - Creating a safe and supported space for growth opportunities.

Let's work together to help our rangatahi shine and create a brighter future for them!

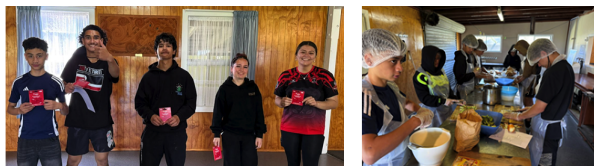
## WHAKAMANAHIA RANGATAHI PROGRAMME



Our Weekly Rangatahi-Led program continued this month, offering a safe space for rangatahi to explore their goals, aspirations and passion. The program covers essential life skills, including home economics, all while providing support and guidance. This month they enjoyed social sport, some attended the First Aid course this month, and 4 attended the overnight Maui Whakahī trip to Kinloch for trout fishing.

There are 17 rangatahi who have signed up so far, and we're excited to see the program grow and make a positive impact on our rangatahi.

## WHAKAMANAHIA RANGATAHI HOLIDAY PROGRAMME



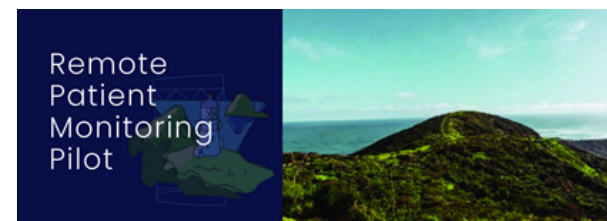
Our Taiohi rōpu also had an awesome day planned at Paerata Marae for their Whakamanahia Holiday Programme this month.

Putting their cooking skills to use while preparing our kaitahi which included a Banana Loaf, and Chicken/vege fettuccine, with garlic bread.

A big mihi to Kaneihana Dewes for taking our hītori kōrero focusing on our marae and tipuna. While also delivering interactive activities such as games, skits and Kahoot to test their knowledge.

They also done an Amazing Race which included a range of activities from blind taste testing, Matakāoa knowledge, weetbix challenge, apple bobbing, riddles and more.

## PIKI TE ORA



Significant mahi has been happening behind the scenes for our Remote Patient Monitoring (RPM) program. Te Whatu Ora team have progress on Piki Te Ora, this is awesome news! Enhancing this program will have a huge impact on whānau health and wellbeing. Let's keep pushing forward! These improvements will enable us to soon start onboard more whanau, enabling more whanau to monitor their health from home.

**Program Benefits:** Reducing Hospitalizations: Piki Te Ora to date has shown it helps in reducing hospital visits and improves health outcomes for whānau with long-term conditions. - Enabling Better Care and Support: The program equips whānau with tools to manage their health concerns, track vital signs, symptoms, and medication usage, enabling early intervention and informed decision-making. - Supporting Recovery: Piki Te Ora and our Kaimanaaki supports whānau with long-term conditions or post-hospital discharge care, helping them take control of their health and wellbeing.

This program is especially crucial for our rural communities, where access to healthcare services can be limited. With hospital hours away and emergency services potentially delayed, RPM can help bridge the gap and provide whānau with the support they need to manage their health. We're excited on how far RPM program has come and being able to bring more whānau onboard and make a positive impact on our community's health.

## OTHER SERVICES:

### COLD AND FLU WELLNESS PACKS



This month we continued to provide whānau who reached out winter wellness packs while they were unwell, or affected by covid-19, colds or influenza in their households.

Manaaki Matakāoa have put together Winter Wellness packs to support whānau who are suffering from sickness/illness as we head into the Winter season. Care packs are available for whānau in the Matakāoa area who are currently sick due to influenza, winter colds or whānau who are dealing with similar symptoms.

NOTE: These packs are ONLY available for whānau who are currently sick and are unable to get supplies from the shop. Please include your symptoms in your referral so we can provide appropriate care.



### REFERRAL FORM

Need support or have a general enquiry?

We've added an additional option for you to reach out to the team through our referral link.

Simply head to our website under Referrals, fill in your details and one of our kaimahi will connect you with the right person or service to support your needs, Manaaki Matakāoa is here to help!

### FREE TO USE LIFEJACKETS



Free to use Lifejackets here in Matakāoa.

With the warmer weather arriving, don't forget we have life jackets available at the office for whānau to use. We want to help keep everyone safe while out enjoying the water.

If you're interested and for more information, please get in contact with the team or come and see us at the Manaaki Matakāoa office!

## UPCOMING EVENTS:



Motorcycle Safety Awareness Event  
Get Ready to Ride Safely!

Joining us at our Matakāoa Monthly Community Market on Oct 12th - will be a Ride Forever Pop-Up stall!

- Learn about Ride Forever motorcycle training courses
- Safety resources and korero
- Go in the draws to win giveaways when you enrol in a course
- Share your thoughts on youth motorcycle safety in a welcoming space.

Let's chat about keeping yourself and our rangatahi safe on the roads!

Supported by Regional Injury Prevention Partner (RIPP) and Manaaki Matakāoa. See you there!

