

KAIMAHI TAIWHENUA



Our two Kaimahi Taiwhenua Tāne have been out and about, offering:

Healthy home assessments - to identify areas for improvement

Spouting Cleaning - to ensure proper water flow

Spouting Repairs - to prevent water damage to your property

Property Drainage - to prevent water accumulation

Water Filters - to provide clean drinking water

Smoke Alarms - to ensure fire safety

General Support

If our Kaimahi Taiwhenua visited your home and you weren't there, please reach out to express your interest through our referral link on our website.

We're currently offering free spouting repairs services for pakeke homes in Matakāoa, with a limited budget available due to funding constraints.

Our goal is to help everyone, as additional funding becomes available, we plan to expand this service to other homes.

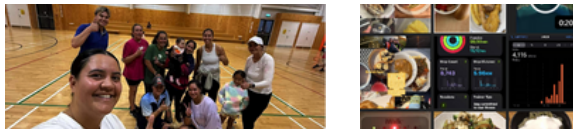
We understand the challenges posed by rising cost of living and affordability, and we're committed to supporting our communities in Matakāoa.

Need support or have a general enquiry?

We've added an additional option for you to reach out to the team through our referral link.

Simply head to our website under Referrals, fill in your details and one of our kaimahi will connect you with the right person or service to support your needs, Manaaki Matakāoa is here to help!

HAUORA TINANA WHITI RANGI CHALLENGE



Taking your Hauora to the next level!

Over 5 weeks, 30 individuals signed up to take part in our latest Hauora Tinana Challenge. This time focusing on healthy kai, recipes, healthier substitutes while also maintaining their daily/weekly exercise and water levels.

This challenge has seen a huge success around engagement from all our participants, updating our group chat daily with healthy kai, water intake, exercise, and a Tip to help motivate and inspire each other.

Our Hauora Tinana Challenges are designed to help motivate whānau in to being more conscious of their overall hauora and wellbeing. These challenges involve a collaborative approach by each individual to share their own hauora journey and knowledge, which can be beneficial to others within the group.

Big Congratulations to all our winners:

1st - Siobhan Houkamau, 2nd - Vanessa Stanbridge, 3rd Equal - Erica Lawson and Shinaye Brooking-Mcdonald

Weekly Spot Prize Winners:

Lisa Pahuru, Marion Marsters, Rhia Mataira, Rhia Mataira.

PAKEKE HANDRAIL INSTALLATION INITIATIVE

We have completed 13 home assessments for handrails, a big thank you to Lorna Hughes and our two kaimahi who worked together to provide this service. During these assessments, they not only identified the best locations for handrails in areas like the bathroom, toilet, and entrance but also shared valuable advice on preventing falls at home.

We appreciate ACC's support, which included a goodie pack with resources like a booklet on injury prevention, notepad, a first aid kit, fan, and a torch.

Next, a builder will visit each of the 13 homes to install the handrails, providing our pakeke with extra support and peace of mind.



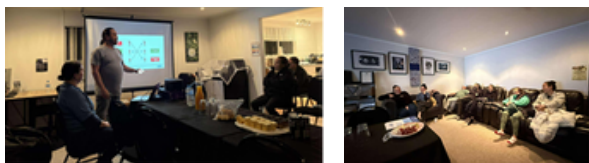
MANAAKI MATAKAOA

"Ko te tohu o te rangatira, he Manaaki"

He Pānui

HUNE 2025

MATES OF TAIRĀWHITI MATES MANA EAST COAST ROAD TRIP



This month Mates of Tairawhiti were here at Manaaki Matakaoa. Mates Mana was developed here in Te Tairāwhiti to provide tools to care for ourselves and others during tough times.

A big mihi to the Mates of Tairawhiti team for providing this kaupapa and sharing your mātauranga with our whānau here in Matakaoa, and a big mihi to all the whānau who came along and attended.

IRA WAHINE - PRESERVING



Tēnā koutou wahine mā, thank you all for attending our preserving workshop this month. It is great to see our whānau come together and learn new skills to take home. Wahine learnt how to prepare and make pickled onions, caramelized onions, and beetroot hummus. These workshops create a space to share knowledge around the importance of food sovereignty within our own community.

"Whāia te mātauranga hei oranga mo te whānau"

IRA WAHINE - QUIZ NIGHT



Tēnā koutou wahine mā, thank you all for attending our first quiz night at the Hicks Bay Lodge. Big mihi going out to all the teams: "Kia Orana", "Ngā Kōkā" "Matariki Maidens", "Ngā Tāonga o Matakāoa", and "The Nobody's". It was a great event to end the Matariki celebrations as whānau.

We had 5 categories, 10 questions per category, and a bonus round of Act it out.

Kia Orana won \$150 Prezzy Cards each;

Ngā Kōkā won \$100 Four Square vouchers each;

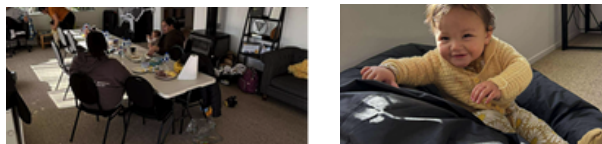
Matariki Maidens won \$50 Four Square vouchers each.

Big mihi to those that helped with the questions and answers Kaneihana, Ara Ariki, Tem, and Varnya.

We also had spot prizes for the best-dressed team and individual. The best-dressed team was Ngā Tāonga o Matakāoa, winning a goodie box each; The best-dressed individual was Siobhan Houkamau, winning a pamper pack.

A special mihi to all the kaimahi at the Hicks Bay Lodge for the stunning hospitality and yummy kai, and Daynah Oliver for always supporting our kaupapa and providing the sweets.

HINETEIWAIWA MĀMĀ PĒPĪ PROGRAMME



This month we had one Hineteiwaiwa (Pēpī Programme) whakawhanaungatanga day at the office. Unfortunately due to the weather we were unable to spend our planned event at the Te Araroa park, so instead we had a play date/catch up for all the māmā and their pēpī.

We had 3 māmā and 3 pēpī attend this month's programme.

NGĀ TĀONGA O MATAKĀOA



This month we had 4 weekly workshops with Ngā Tāonga o Matakāoa including a trip up to the Hicks Bay Lodge for lunch, continued their regular Te Ataarangi Class with Kōkā Makere, lots of kaitahi, whānaungatanga, card games and more.

Ngā Taonga o Matakaoa also entered a team into our Ira Wahine Quiz Night and received a spot prize for best dressed roopu.

Pakeke Day happening every Wednesday (10:00am - 1:00pm)

TAMARIKI TAIEA REHEKO RANGATAHI



I te marama o Hune i tīmata anō te kaupapa Tūmeke Taite mō ngā tamariki o Matakāoa ki Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti.

Wiki Tuatahi ko te Poirewa (Volleyball) - 24 tamariki
Wiki Tuarua ko te Karo Pōro (Dodgeball) - 23 tamariki
Hui katoa 47 ngā tamariki i tae mai i tēnei marama.

E mihi ana ki a koutou katoa tamariki mā e whakatinana ana i te uarangata
"Toa Ki te Tākaro" Ka mau te wehi.

Tamariki Taiea/Rehekō Rangatahi will return in Term 3
Every Thursday (3:00pm - 4:30pm)
Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti.