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MANAAKI MATAKĀOA

He Pānui - November

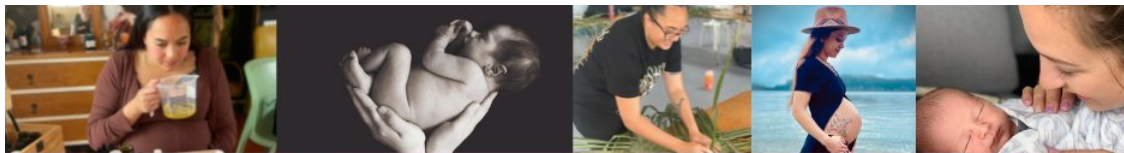
Upcoming Events

MANAAKI MATAKĀOA
**HINERAUMATI
MARKET**

17TH DECEMBER 2023 11:00AM - 2:00PM

KIDS ZONE / PAKEKE TENT / FOOD / ENTERTAINMENT AND MORE

TE ARAROA TOWNSHIP (AIRSTRIP)



HINETEIWAIWA

December Hauora Tinana me Hauora Hinengaro for Māmā and Tamariki

Thursday afternoons in December at 5pm, a group hikoi will be co-ordinated ensuring māmā get time to socialise, space to enjoy the outdoors with adult conversation, and awahi to tire out our tamariki during a busy time of year ...

Nau mai wahine mā

Park vehicles at 27 Pakiakanui road, heading out for a hikoi, then enjoying afternoon tea back at Pakiakanui Road before home time.



Contact Info - info@manaakimatakaoo.com | www.manaakimatakaoo.com



Tamariki Taiea - Rehekō Rangatahi Programme



E mihi ana ki a koutou tamariki mā i tae mai ki te kaupapa Tumeke Taite. Pai te kite i a koutou e tākaro tahi ana i runga i te wairua harikoa. Ko koutou te

whakatinanatanga o te whakatauki "Me mate ururoa, kei mate wheke"

December 14th will be the last programme scheduled for the year. Keep an eye out in the new year for our next Tamariki Taiea - Rehekō Rangatahi Holiday Programme.

Ngā Tāonga o Matakāoa - Pakeke Programme



This month the pakeke of Ngā Tāonga o Matakāoa set sail on the 'Tribute to the King' cruise, on the P&O Pacific Explorer. 9 of our pakeke and 3 kaimahi set sail around Te Ika-a-Maui. They spent 4 days at sea visiting Picton before returning to Auckland.

Our pakeke could not have achieved this without the awesome tautoko from each and everyone of you who supported the past fundraising events and also those whānau and businesses who donated and sponsored. Nothing but appreciation and love to you all!



Oranga Whānau/Kaimahi Taiwhenua



The oranga whānau and Kaimahi Taiwhenua team are hard at work with a range of mahi, from whānau plans to housing assessments and general property maintenance, our Kaimahi Taiwhenua and Oranga Whānau team are on the ground out in our community providing a range of care to our whānau.

Our Whānau Plans are here to support our local whānau to consider and plan around their broad hauora/wellbeing goals and aspirations. Our kaimanaaki will work closely with whānau to develop their plan, identify where we can help, and walk alongside the whānau as they work to achieve their aspirations and goals.

Whānau plans draw from a Te Ao Māori approach and include:

- Physical, mental, spiritual and collective wellbeing goals
- Cultural wellbeing including access to mātauranga, te reo me ōna tikanga
- Environmental wellbeing and healthy housing

If you would like to go through a Whānau Plan, please reach out to Richelle to arrange a time best suited for you, or send us an email at info@manaakimatakaoa.com.



This month we focused on moving and setting up our new location. We were fortunate enough to be able to set up a Kai Cupboard for our community, offering a wide range of products such as cleaning products, canned goods, animal food, powdered milk and much more.

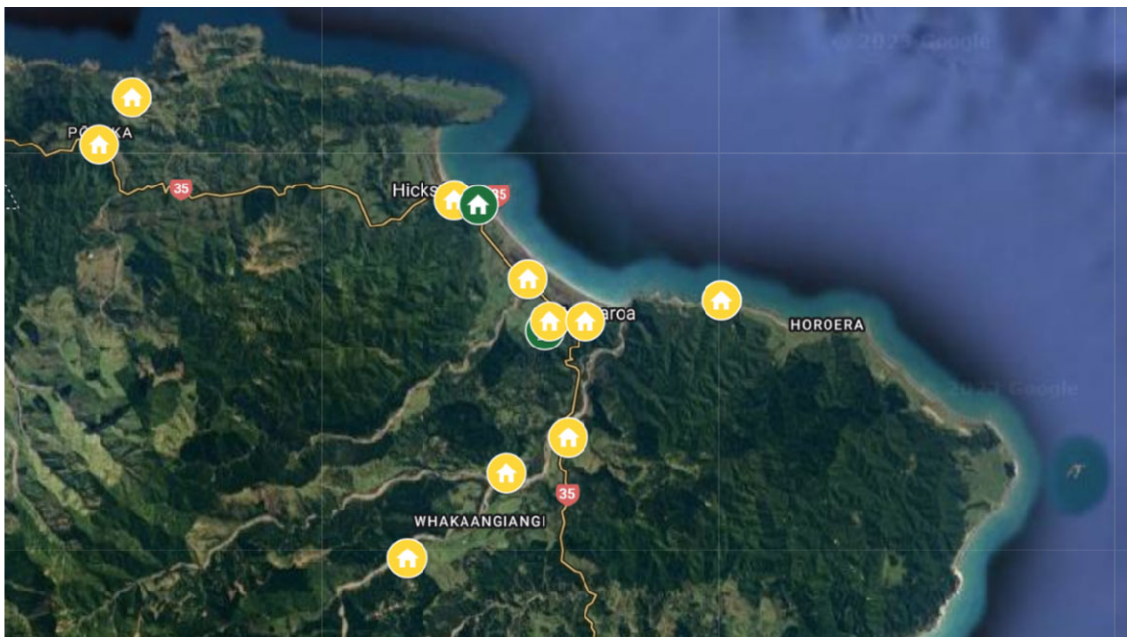
Around 30 - 40 whānau came up to grab what they needed from the kai cupboard over the past month.

The Kai Cupboard will be available up at the office based on a first in first served basis, and only available while stocks last. Nau mai haere mai whānau.

Tangata Kōkiri

The Kōkiri Strategy is aimed to provide vital communications and power to isolated clusters of households during times of natural disaster. Through the use of CB and RT radios, powered by generators and/or solar batteries, the household clusters will form a relay network to reach out for assistance and support, until communications and power networks are re-established.

We currently have 16 Tangata Kōkiri located around Matakāoa, if you would like more information around who the nearest Tangata Kōkiri is in your area please reach out to one of the team or email us at info@manaakimatakaoa.com.



* Yellow and green icons show the locations of each Kōkiri Kit.

Monthly Figures

(November 01 - November 30)

COVID-19 FIGURES

	NOV 01 - NOV 30	YEAR TO DATE
COVID-19 TESTS TAKEN	43	3905
POSITIVE COVID-19 CASES	5	106

KAIMAHI TAIWHENUA FIGURES

	NOV 01 - NOV 30
DRAINAGE AND DIGGER WORK	15
HOME MAINTENANCE (SPOUTING, LAWNS, RUBBISH ETC)	15
FIREWOOD/HEATING PROVIDED TO HOUSEHOLDS	02
SMOKE ALARMS INSTALLED	09

**Free Afterhours Virtual
Appointments Available For Whānau Living
in Matakāoa**



VIRTUAL CLINICIAN APPOINTMENTS

Same day virtual Clinician consultation that suits you. We help tautoko (connect) you with trusted medical care.

Whether it's medical advice, repeat prescriptions, or health certificates for your mahi, Practice Plus provides you with a quick and easy solution.

Through video or phone technology, a Practice Plus Clinician can privately and securely help treat most medical needs, sicknesses or injuries. From a common cold, contraceptive options, migraines and more, Practice Plus can provide treatment and prescriptions direct to your pharmacy along with health counselling and off-work certificates, as well as many more conditions.

Practice Plus is your medical centre's trusted virtual health provider, available weekdays until 10pm, weekends and public holidays 8am – 8pm.

Manaaki Matakāoa are here to support and awahi any whānau in Matakāoa who are interested in using this service (OUTSIDE the regular Matakāoa Health Clinic's hours) and will be offering your first online consultation for free. Please reach out to one of the team today for more info.

Check them out whānau! - <https://practiceplus.nz/>

WE HAVE RELOCATED

New Location

27 Pakiakanui Road
Te Araroa

 www.manaakimatakaoa.com

 info@manaakimatakaoa.com

FREE COVID-19 TESTS NOW AVAILABLE

GET YOUR FREE COVID-19 TESTS

Please get in contact with one
of the team or message the
page for your own free tests.



Special Mihi

We would also like to send a special mihi to Tokararangi Sports Club for allowing us to use their space as a temporary location while we organise a new office space, and also to Matakāoa RSA for allowing us to host our Pakeke events there every Wednesday.

Ngā mihi nui ki a koutou katoa.



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Our mailing address is:

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Te Araroa, New Zealand

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