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MANAAKI
MATAKĀOA
Ko te tohu o te rangatira, he manaaki

He Pānui - February 2024

Upcoming Events

Well Wahine Week

MARCH 8TH - 17TH 2024

ZUMBA CLASS

HINETEIWAIWA MAMA PEPI PROGRAMME

Te Kura Kauapapa Māori o Kawakawa Mai Tawhiti
Every Thursday (4:30pm - 5:30pm)
 Nau mai haere mai

Well Whāhine Week

MARCH 8TH - 17TH 2024

MANAAKI MATAKĀOA

TANE PROGRAMME

CHECK OUR FACEBOOK PAGE FOR MORE INFORMATION ON OUR NEXT TANE WORKSHOP

MANAAKI MATAKĀOA

ORANGA WHĀNAU

Our Kaimahi Taiwhenua and Oranga Whānau team are on the ground out in our community providing a range of care to our whānau.

Whānau Plans - Assisting whānau with their aspirations and goals.

Housing Assessments - Assisting whānau with general home maintenance.

Contact Sheena or one of the team for more info.

info@manaakimatakaoa.com
 27 Pakiakanui Road

MANAAKI MATAKĀOA

HINETEIWAIWA MAMA PEPI PROGRAMME

Regular Workshops
Māmā Pēpi Support

Contact - Renee Popuni if you have any further enquiries.
 info@manaakimatakaoa.com
 27 Pakiakanui Road

MANAAKI MATAKĀOA

MONTHLY MARKETS

First Sunday of every Month

CHECK FACEBOOK PAGE FOR LOCATION AND MORE INFORMATION

MANAAKI MATAKĀOA

TAMARIKI TAIEA REHEKŌ RANGATAHI

5yrs - 17yrs

Tūmeke Taite
Hākinakina
Every Thursday
3:00pm - 4:30pm

Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti Gym

FOLLOW US

New Location
 27 Pakiakanui Road
 Te Araroa

www.manaakimatakaoa.com
 info@manaakimatakaoa.com

www.facebook.com/manaakimatakaoa
 www.instagram.com/manaakimatakaoa

MANAAKI MATAKĀOA

NGĀ TĀONGA O MATAKĀOA

Pakeke Day
Every Wednesday
10:00am - 1:00pm
 27 Pakiakanui Road, Te Araroa 4087

Practice PLUS

FREE AFTERHOURS VIRTUAL CLINICIAN APPOINTMENTS FOR WHANAU LIVING IN MATAKĀOA

MANAAKI MATAKĀOA

Maui Whakahihī

Empowering rangatahi to achieve their leadership goals and aspirations.

For more information contact one of the team or email info@manaakimatakaoa.com

27 Pakiakanui Road, Te Araroa

FREE COVID-19 TESTS NOW AVAILABLE

GET YOUR FREE COVID-19 TESTS

Please get in contact with one of the team or message the page for your own free tests.

Waitangi Market



What an awesome day it was, celebrating our 2024 Waitangi Market earlier this month.

Thank you again to everyone who came out and supported our māketē, the bouncy castle and slippery slide was definitely a highlight for our tamariki.

Special mention to Te Aroha Kanarahi Trust, [Ngati Porou Oranga](#) for supporting our kaupapa and last but not least, all our stall holders who made the day possible. Awesome to see all the yummy Kai, baking goods, freshly grown vegetables, homemade jam/bread, and all the crafts and clothing made by local whānau here in Matakāoa.



Will and Attorney Workshop



This month Valerie Houkamau was back to help with our Wills Workshop. This was such an awesome kaupapa and great to see so many whānau drafting up their wills for themselves and their whānau's future, around 10 whānau attended this workshop.

Thank you to everyone who came along and a big mihi to Valerie Houkamau for coming in and sharing your knowledge with us.

Ngā Tāonga o Matakāoa



Ngā Tāonga o Matakāoa (Pakeke Day) continued this month. With lots of exciting activities such as continuing our regular Reo Māori classes with Kōka Makere. They also went to Tokomaru Bay for lunch at Te Puka Tavern, and last week travelling to Gisborne for a shopping and salon trip and to visit whānau.

Big mihi to all who have attended and supported this weekly programme. We have a lot more exciting activities planned in the coming months, nau mai haere mai pakeke mā.

Happening every Wednesday (10:00AM - 1:00PM)

Oranga Whānau/Kaimahi Taiwhenua



The oranga whānau and Kaimahi Taiwhenua team have continued to bring services to whānau around Matakāoa, from general property maintenance to whānau plans they are out doing the mahi with whānau around Matakāoa.

Our Kaimahi Taiwhenua are about to begin Stage 2 of the Healthy Homes Housing Assessments. This means our team will be returning to some of the homes they have checked which have indicated needing further assistance with drainage and spouting work.

If you would like to go through a Whānau Plan, please reach out to one of the team to arrange a time best suited for you or send us an email at info@manaakimatakaoa.com.

Tamariki Taiea / Rehekō Rangatahi



Nau mai, hoki mai tamariki mā!

Tūmeke Taite (Tamariki Taiea/Rehekō Rangatahi) weekly hākinakina returned this month following the summer holidays. We delivered 5 Tūmeke Taite programmes that included multi-sport, Basketball, Dodgeball, Rippa Rugby, and Netball held at Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti gym with over 15 Tamariki/Rangatahi attending weekly.

Big mihi to Kōkā Renee, Kōkā Denise, and Mātua Kauri for supporting this

kaupapa, and of course Te Kura Kaupapa Māori o Kawakawa Mai Tawhiti for continuing to support our weekly kaupapa. Check out our Facebook page for regular updates and upcoming events.

Maara Kai ki Kawakawa Mai Tawhiti



This month the Kōpara team were also out helping Te Kōhanga Reo o Kawakawa Mai Tawhiti with their maara kai (vege garden) planting capsicums.

Ka pai tamariki mā

Na to rourou, na taku rourou, ka ora ai te iwi

Hineteiwaiwa Māmā Pēpī Programme



This month some precious Tāonga took over our Tari and filled it with love, laughter and some pretty good karanga skills with big lungs.

Their māmā were able to do mahi in their pēpī pukapuka and share milestones with each other, creating pēpī photo albums at this month's Creative Memories Workshop.

Climate Change and Climate Adaption Findings Hui - Tairawhiti



Ngā mihi nui to everyone who came out to discuss issues and concerns around Climate Change and Climate Adaption in Tairawhiti.

Interviews were carried out across Muriwai/Ngai Tamanuhiri, here in Matakaoa, and also with the Gisborne City Disability Community.

Te Weu Tairawhiti and the team also took these findings to Turanga earlier this month to present to the Gisborne District Council.

Monthly Figures

(February 01 - February 29)

ORANGA KŌPARA FIGURES

FEB 01 - FEB 29

TOTAL PROGRAMMES/WORKSHOPS	15
COMMUNITY EVENTS	2

COVID-19 FIGURES

FEB 01 - FEB 29

COVID-19 TESTS TAKEN	77
COVID-19 POSITIVE CASES	6

KAIMAHI TAIWHENUA FIGURES 2024

FEB 01 - FEB 29

DRAINAGE AND DIGGER WORK	5
PROPERTY MAINTENANCE, LAWNS AND GARDENS	38
RUBBISH RUNS	11
SPOUTING REPAIR/CLEAN	4
WATER TESTING OR PUMPS	3

Well Wāhine | MATAKĀOA ITINERARY



FRIDAY 8TH MARCH 5.30PM DRESS UP NETBALL THEME: PINK TKKM O KKMT	SATURDAY 9TH MARCH 6:00AM PŪRE KI ONEPOTO	SATURDAY 9TH MARCH 9:00AM ORANGĀ WHĀNAU WORKSHOPS HINEMAUREA MARAE	SUNDAY 10TH MARCH 7:00AM MAHI KAI/HĪ IKA ONEROA
SUNDAY 10TH MARCH ALL DAY MANAAKI MATAKĀOA ONLINE WERO	MONDAY 11TH MARCH 6:00AM WAKA AMA MŌHUA/WHAREKAHIKA	TUESDAY 12TH MARCH 4:30PM-5:30PM CIRCUIT WORKOUT TKKM O KKMT	WEDNESDAY 13TH MARCH KOHINE WORKSHOPS NUTRITION - ALANA KAREHANA IKURA NATI PEPI HINEMAUREA MARAE
THURSDAY 14TH MARCH 4:30PM - 5:30PM ZUMBA TKKM O KKMT	FRIDAY 15TH MARCH ALL DAY WHĀNAU WERO ATTEND "NATI SHORES" CONCERT HINEMAUREA MARAE	SATURDAY 16TH MARCH 10:00AM MAU RĀKAU WITH KOKA JAHNA HURA EKE NGARU - SHYLA TAIAPA ONEPOTO	SUNDAY 17TH MARCH 10:00AM RĀ WHAKANUI 27 PAKIAKANUI RD TE ARAROA



Well Wahine Week 2024

Tēnā koutou Wahine mā, once again we are collaborating with Sport Tairāwhiti on their amazing Kaupapa celebrating Wahine and Kōhine for a jam packed 10 days!!!

See above for our itinerary and if you have any patai get in touch with any of us:

Shyla-Drew Taiapa (Sport Tairāwhiti)

Jordyn Tihore (Sport Tairāwhiti)

Michaela Houkamau (Manaaki Matakāoa)

Renee Papuni (Manaaki Matakāoa)

**Free Afterhours Virtual
Appointments Available For Whānau Living
in Matakāoa**



VIRTUAL CLINICIAN APPOINTMENTS

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Through video or phone technology, a Practice Plus Clinician can privately and securely help treat most medical needs, sicknesses or injuries. From a common

cold, contraceptive options, migraines and more, Practice Plus can provide treatment and prescriptions direct to your pharmacy along with health counselling and off-work certificates, as well as many more conditions.

Practice Plus is your medical centre's trusted virtual health provider, available weekdays until 10pm, weekends and public holidays 8am – 8pm.

Manaaki Matakāoa are here to support and awahi any whānau in Matakāoa who are interested in using this service (OUTSIDE the regular Matakāoa Health Clinic's hours) and will be offering your first online consultation for free. Please reach out to one of the team today for more info.

Check them out whānau! - <https://practiceplus.nz/>



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